





Resource List 4th Edition



Community Support Elder Adult Support

Report Child Abuse Employment

<u>Crisis Hotlines</u> <u>Recreation</u>

<u>Hot Meals</u> <u>Legal</u>

Groceries & Food Tax Help



COMMUNITY SUPPORT

Safety net services to residents in need of emergency housing assistance, emergency utility assistance, shelter & basic needs **including COVID19 Relief Fund.**

SAN MATEO COUNTY

Samaritan House South

East Palo Alto Site 1852 Bay Rd. | 2 (650) 294-4312

- Monday, Wednesday Friday 9am-12pm & 1pm-5pm.
- Thursday 9am-2pm . Closed Daily 12-12:45pm
- Menlo Park Satellite Office- Onetta Harris
 - 100 Terminal Ave., Menlo Park
 - Tuesdays 9am-12pm. & 1pm-5pm

EHP Cares: household essentials & diapers.

2411 Pulgas Ave. | 🅿 (650) 323-7781

Tuesday, Wed, Thursday 10am-12pm & 2:30-4:30pm

SANTA CLARA COUNTY

Destination Home

- Sacred Hearts Community Services | 2 (408) 780-9134
 - <u>covid19help@sacredheartcs.org</u>
 <u>Sacred Heart</u>

ALAMEDA COUNTY

• **Alameda 2-1-1** | **2** (888) 886 - 9660, 24/7 Line





P CRISIS HOTLINES

24/7 Crisis Hotline: help for crises and suicide

(800) 273-8255

2 (650) 579-0350

San Mateo Medical Center Psychiatric

Emergency Services

2 (650) 573-2662

Mills-Peninsula Medical Center Psychiatric Emergency Services

2: (650) 696-5915

Child & Teen Hotline Parents, educators, & youth.

2: (650) 567- 5437

Parent Support Line

24-hour free service for parents to explore feelings or just talk.

2 (650) 579-0358

***** REPORT CHILD ABUSE & RELATIONSHIP ABUSE

If you are in **immediate danger,** call 9-1-1

Child Abuse and Neglect Hotline

2 (650) 802-7922/(800) 632-4615

Crisis Hotline for Intimate Partner Abuse

2 (800) 300-1080





#ELDER ADULT SUPPORT

Peninsula Family Services Hotline for elder adults that helps to support in finding food and other local resources needed



2 650.229.3609

East Palo Alto Hotline in East Palo Alto for elder adults that helps to support in finding food and other local resources needed



2 650.780.7542









Info & referral regarding food & local districts giving food

Monday - Friday 8am-5pm

(800) 984-3663 | **After Hours Call 2-1-1**

Text: "Need Food" to (800) 455-5181

Email: foodconnection@shfb.org

BREAKFAST AND LUNCH FOR CHILDREN

Ravenswood School District

Free breakfast & lunch for all under 18 years old | 🖖 10am-1pm

East Palo Alto

Los Robles: Mcnair 2033 Pulgas Ave

Costano: 2695 Fordham Avenue

Brentwood: 2086 Clarke Avenue

Ravenswood Middle: 2450 Ralmar

Menlo Park

Willow: 629 Willow Rd, Menlo Park

Belle Haven: 415 Ivy Dr, Menlo Park

Place order by 9am for delivery (650) 329-2800 ext. 60172

DINNER FOR CHILDREN AND FAMILIES

Boys and Girls Club of the Peninsula

Drive thru warm meals for the family

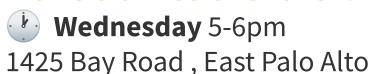


Monday-Friday 6PM-7PM

Redwood City Club 1109 HIlton Ave

East Palo Alto Club 2031 Pulgas Avenue

St. Francis of Assisi Church:











Nuestra Casa

Delivers pre-packaged grocery bags of fresh fruit, vegetables, milk, eggs, & more to apartment buildings at no cost. Locations & schedule below.

Every 1st & 3rd Saturday of the month at 1PM

- 4 Newell Ct., East Palo Alto
- 1842 West Bayshore Rd., East Palo Alto

Every 2nd & 4th Saturday of the month at 🖖 1PM

- 1991 Manhattan Ave, East Palo Alto
- 445 East O'Keefe St, East Palo Alto
- 1928 Cooley Ave, East Palo Alto

If there is a 5th Saturday in the month at 🖖 1PM

- 4 Newell Ct, East Palo Alto
- 445 East O'Keefe St, East Palo Alto

Every 1st & 3rd Wed of the month at 2:30PM

• 1805 East Bayshore Rd. #100, East Palo Alto

Every 2nd & 4th Wed of the month at 2:30PM

• 770 9th Ave. Redwood City

EHP Cares

Get **box of food** with meat, eggs, vegetables, & other food.

Tuesday, Wednesday, Thursday 10am-12pm & 2:30pm-4:30pm

2 (650) 323-7781

• 2411 Pulgas Ave., East Palo Alto

Community Mobile Market



• Belle Haven Library | 413 Ivy Dr.



YMCA East Palo Alto | 550 Belle St.

MUST pre-order by phone or site. Phone takes EBT





EMPLOYMENT & INSURANCE

Covered California

Get health insurance

(800) 300-1506 | Monday-Friday: 8am-6pm

www.coveredca.com

Ravenswood Family Health Clinic

Community Health Advocates (CHA) - help with getting insurance. Do not need to be a patient.

2 (650) 330-7416

Monday, Wednesday, Thursday, Friday: 8am-5pm Tuesday: 10am-5pm

LIBRE (Linking Immigrants to Benefits, Resources & Education)

Access confidential free advice to access public benefits, health insurance, public charge. Trusted partnership for families who are immigrants.

www.thelibreproject.org | 🅿 (650) 330-6442

ekayser@jobtrainworks.org

East Palo Alto Career Center

Get virtual help with resume, job search.

epacareercenter.org | (650) 665-3086

ecerrato@epacareercenter.org







WORKERS' RIGHTS, HOUSING, & IMMIGRATION

Legal Aid at Work.

(415) 404-9093 -Virtual appts

www.legalaidwork.org

Community Legal Services of East Palo Alto (CLSEPA)

Get help with immigration, workers rights, **emergency housing assistance** | www.clsepa.org | Virtual appts by phone

(415) 404-9093 - (Workers' rights immigration)

(650) 422-2885 - (Housing, rescue fund)

Legal Aid Society of San Mateo County

Public benefits, healthcare, children with disabilities, domestic violence, housing & seniors. **San Mateo County Residents** should call & leave message with name, number, & best time(s) to call. Wait two days for call back.

(650) 558 - 0915 | **www.legalaidsmc.org**

RAPID RESPONSE FOR IMMIGRATION

Get help if ICE comes to your door

San Mateo County 2 (203) -666-4472

Santa Clara County (408) 290-1144

Alameda County 2 (510) 241-4011

Other Counties

California Rapid Response Networks







\$ FREE ONLINE TAX HELP

My Free Taxes | **www.myfreetaxes.com**

Do It Yourself (DIY) Training

http://uwbataxhelp.eventbrite.com/

RECREATION & ACTIVITIES

Street Code

Register children for online coding classes and streaming pop up coding classes. Live classes April 6th-May20th

https://www.streetcode.us/live

San Mateo Libraries

Virtual classes and events (Includes fitness, drawing, reading, etc...) Check out their scheduled classes here:

https://tinyurl.com/SMonlineevents





