



# THEORY OF CHANGE

## OUR PURPOSE

**All families want their children to access opportunities and achieve their potential. And all families rely on health and education systems to help them achieve this vision.**

At the same time, many families are facing economic hardship, instability, and other stressful and traumatic experiences. Because of systemic racism, communities of color are disproportionately affected by these challenges. Yet our country's systems struggle to sufficiently address these inequities. Despite having similar goals, these systems — schools, social service agencies, early childhood settings, and health care systems — often lack the connection, capacity, or scope to address a family's interrelated challenges.

We are creating a comprehensive approach that integrates services and builds family well-being throughout a child's development, so children can lead healthy, happy, and productive lives.

START  
EARLY

PARTNER  
WITH  
PARENTS

INTEGRATE  
SERVICES

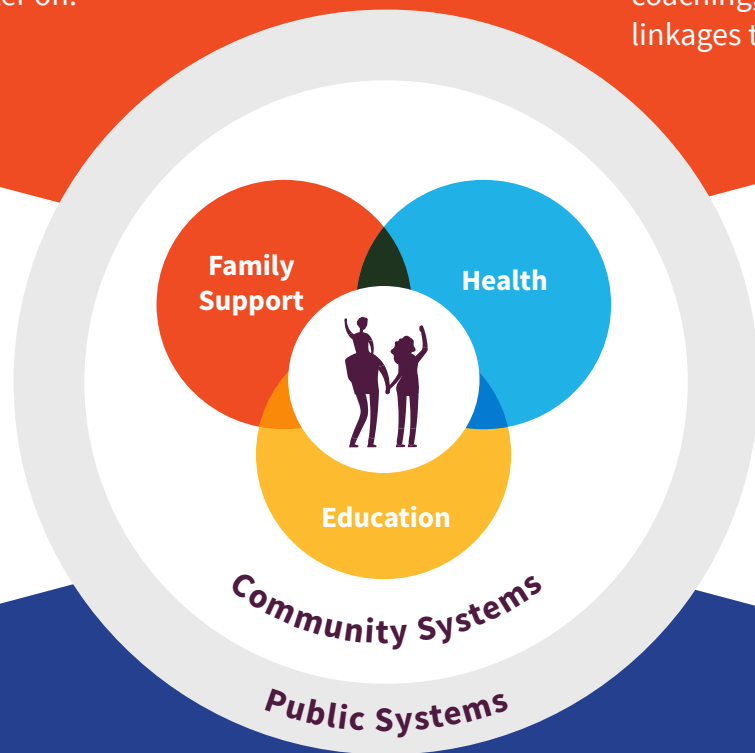
## STRATEGIES

**START EARLY:** We reach children at a critical stage in their development by working with families with children as young as 18 months and providing full-time school starting at age three. Across all of our outcome areas, we focus on promotion and prevention by providing robust universal services, like screenings, which help to identify and address needs early. In addition, we connect families to early intervention services to reduce the need for more intensive interventions later on.

**INTEGRATE SERVICES:** Our unique model unites health, education, and family support, building a multi-disciplinary team and holistic system of care to address a child's full set of needs. We leverage experts, partner with community-based organizations, and use data to ensure families receive the personalized support and services they need.

**PARTNER WITH PARENTS:** We believe that when parents thrive, children thrive, so we support the wellness and growth of parents alongside the growth of their children. We collaborate with parents in the work of achieving positive child outcomes by sharing new knowledge and skills to engage in their child's development, health, and education. Families set goals related to both parent and child growth, and we support them in achieving their goals through coaching, information, and linkages to community resources.

## INTEGRATED SYSTEMS



## LENSES

**TRAUMA-INFORMED:** Our work with children and families is informed by an understanding of what trauma can do to the brain and a child's ability to learn. We promote resilience and mitigate the effects of trauma throughout our child and family programming. We also provide support services that directly address trauma.

**CULTURALLY RESPONSIVE:** We value the cultural and community identities of all of our students, families, and staff, and we promote an anti-racist approach to combat historical narratives and a deficit mindset. Our curricula and programming provide opportunities for children and families to learn about other cultures and ways of thinking, and to explore and share their own cultural identity.

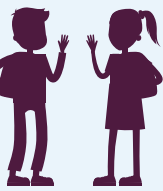
## WHOLE CHILD OUTCOMES

### LONG-TERM OUTCOME

**Children are prepared to live productive, happy, and healthy lives.** As adolescents and adults, children experience secondary and post-secondary success, economic freedom and career options, emotional and mental well-being, and physical well-being.



High School,  
Post-  
Secondary,  
and Beyond



K-8



Preschool

### PARENT OUTCOMES

Parents are engaged with their child's health and education

Parents and children have a healthy relationship with secure attachment

Parents are able to access services and meet basic needs to provide a safe and stable home for their family

Parents are resilient, self-efficacious, and have social connections and support

### COGNITIVE + ACADEMIC OUTCOMES

Children are at or above grade-level in literacy, math, writing, and science

Children have age-appropriate language and executive functioning skills

Children have age-appropriate executive functioning and expressive and receptive language skills

Children express curiosity about learning

### SOUL OUTCOMES

Children show social skills in self-awareness, self-management, social awareness, relationships, and responsible decision-making

Children have a sense of belonging and identity, and value civic engagement

Children have age-appropriate social skills in self-regulation, peer relationships, and peer interactions

Children have the ability to form a positive relationship with their teacher

### HEALTH OUTCOMES

Children have a medical and dental home and are up to date on preventative care

Children have healthy behaviors related to oral health, sleep, physical activity, nutrition, and media use

Chronic physical health needs have been identified and addressed

Mental health needs have been identified and addressed

Children have a medical and dental home and are up to date on preventative care

Children are receiving services for any developmental delays that have been identified